

Kupu Kāuta – Kitchen Terms

Here are some words and phrases to use in the kitchen

Kupu Māori	Kupu Pākehā	Kupu Māori	Kupu Pākehā
He reka tēnā	That tastes great	Parai	Frying Pan, Skillet
Hinu	Oil	Parāoa	Bread
Homai koa he āwhina	I need some help	Pata	Butter
Horoia te raumanga	Clean the bench	Pātura	Spatula
Hū	To boil	Pēkena	Baking
Hua whenua	Vegetables	Pepa	Pepper
Huamata	Salad	Pihikete	Biscuit
Ipuine	Measuring cups/jug	Pīnohi	Tongs
Kai	Food	Pouaka Makariri	Fridge
Kai āhua reka	Treat food	Purini	Dessert
Kai matua	Main meal	Rauamiami	Herbs
Karaka	Clock	Raukikini	Spices
Kare Tōhi	Toaster	Reka	Yum
Kī	To be full	Reri	To be ready
Kīnaki / Whakarākei	Garnish	Tāora Tauwera	Tea Towel
Kohi	Collect/gather	Tapahi(a), tapatapahi(a)	to cut, chop, cut up, dice
Kōhua Hōpane	Pot	Tātari	Colander/Sieve
Koko rākau	Wooden spoon	Tikera	Kettle
Kōrori	Whisk	Tini keke	Baking tin
Kumamatanga	Entrée	Toutou awakato	Guacamole
Kuoro	Grater	Toutou tomato	Salsa
Me whakareka ake	It needs more flavour	Tunu	Cook, roast, bake, grill
Ngaruiti	Microwave	Umu	Oven/stove
Pakapaka	Burnt	Utauta	Dishes
Pāmahana	Temperature	Winika	Vinegar

Please note: There may be dialectal differences, affixes and alternative words not included in this list.